

■ Discuss

How did the “king of Nineveh” respond to Jonah’s message?

Why do you think the Ninevites responded this way? What did they recognize about themselves?

In what ways did your recognition of sin resemble that of the Ninevites?

In what ways did you cry out to God for help “with strength”?

How might a response like the Ninevites’ look in a more modern context?

What are some fundamentally good things God has called you to let go of in order to walk in deeper fellowship with Him (relationships, career, money, etc.)?

What might He be calling you to let go of today?

What does soul reflection look like in your life?

How do the Ninevites model being “soul reflective” for us?

How does God respond to the repentance of the Ninevites (3:10)?

What does His response teach us about His character?

How does God’s response to the Ninevites encourage you today? Does it correct a wrong view of Him that has kept you from repentance? Why or why not?

What did Eric point to as the “fruit” of repentance?

Where is God calling you into repentance today? What, if anything, is holding you back?

HANDOUT

Session 6: Jonah 3:6-10

THE BOOK OF JONAH

■ Live it Out

Prayer: We often lack seriousness toward the sin that remains in us. Ask God to increase your sensitivity to your sin for the purpose of walking forward with Jesus Christ in purity and healing.

Confession: If you reached the end of this session having clearly identified personal sin you are harboring, seek out a mature Christian friend or pastor and confess to him or her. Trust in the forgiveness extended to you in Jesus.

Soul Reflection: Set aside time this week to evaluate your spiritual life, much like you would in any other performance evaluation. What are you doing well? Where are you struggling?

Accountability: As you pursue freedom from sin, ask a trusted believer to reach out to you periodically for encouragement and help.

Encouragement: Do you know someone feeling crushed by his or her sin? If so, reach out to them this week with a word of hope. Spend time helping them to remember the love of God for them in Christ and make yourself available to walk with them in whatever way they need for pursuing freedom.